



YABA NEWS BULLETIN

A PUBLICATION OF FEDERAL NEUROPSYCHIATRIC HOSPITAL, YABA September 2023 Vol. 1 no .2

Hello Readers

Welcome once again to another edition of our quarterly hospital news bulletin aimed at providing current happenings in the hospital (Yaba and Oshodi Annex inclusive).

We are happy to share some of Management's achievements, updates and vital information needed to get you focused on the progressive journey of the hospital. Reflecting on the transformation of our healthcare operations with the current Electronic Health Records in place, it is worthy of note that work coordination between various stakeholders involved in patient care has improved. Interestingly, management is putting in place the operation of Intensive care unit and surgical services at Oshodi annex of the hospital. So, relax as we take you down the journey.

2.0 NEWS BITS

Introduction of Intensive Care Unit and surgical services at Oshodi annex of the hospital.



The Federal Neuropsychiatric Hospital Yaba, Lagos in partnership with Lagos Executive Cardiovascular Centre (LECC) introduces Intensive Care Unit (ICU) and surgical services at the Oshodi annex.

The expected services at the service Centre include;

- Intensive care services especially for life threatening conditions.
- Emergency services including triage and stabilization of Road Traffic Accidents (RTA) and other like emergencies.
- Surgical services especially cardiac specialties
- Minimally invasive surgical procedures and laparoscopic surgeries.

- Diagnostic services such as laboratory and Imaging services (Ultra sound, C.T. scan etc.)
- Pharmacy services.

2.1 CLINICAL SERVICES

2.1.1 Residency Training

2.1.1.1 The Resident doctors have done their part I fellowship examination (CBT) of the West African College of Physicians at Ibadan recently.

2.1.1.2 The Association of Resident Doctors, on Monday 21st August, 2023 had an interactive session with Professor Femi Oyebode, a retired Professor and Head of Psychiatry at the Birmingham University, United Kingdom at the Hospital Conference hall. He gave an expose' on his personal experiences in the field of psychiatry and advised the doctors to see the profession as a calling while advocating the need for research in a particular area of psychiatry in order to develop expertise in the profession.

2.1.2 Mental Health Awareness and Advocacy Programmes

2.1.2.1 The Yaba Voice Webinar session featured significant topics for the quarter as recorded below;

- 25th July, 2023 – Theme: Overcoming the menace of drug addiction with Dr. A.M. Ojo and Mrs. Morenikeji Olaniyi A. as guest speakers.
- 24th August, 2023 – Theme: Men's Mental Health with Rev. Olabode

Daramola (Clinical Psychologist) and Dr. Dapo Adegbaaju as guest speakers.

- 21st September, 2023 – Theme: Suicide: Stemming the Tide & creating hope through action with Prof. Olley Benjamin Oladapo (Clinical and Health Psychologist) and Dr. Richard Adebayo as guest speakers. Moreover, the chief host in the sessions was the MEDICAL Director, Dr. O.A. Owoeye.

2.1.2.2 Similarly, the advocacy programmes on Radio/Television tagged Early Rush on Star 101.5 FM and Newshub on Silverbird Television featured as follows; *July, 2023, Mental Health issues associated with Child birth with Dr. O.E Akinola, and Mr. T.O. Alabi as guest speakers. *September, 2023, Demystifying Epilepsy with Dr. Grace T. Ijarogbe as guest speaker. However, the coordinator of the programmes is Dr. S.O. Oluwaniyi, Head of Clinical services.

2.1.3 Clinical Case Conference



2.1.3.1 Two (2) clinical case conferences were held at the conference hall in the quarter. *The first case conference was conducted by Firm 'C' (Child and Adolescent Mental Health services Centre, Oshodi Annex (CAMHSC) headed by Dr. G.T. Ijarogbe themed "when the father was the predator; exploring the influence of Sexual Assault and Incest on the recurring emergence of mental illness among children" while *The second clinical case conference was conducted by Firm 'D' (General Adult Psychiatry) themed "Dysfunctional Family and Mental illness" with Dr. D.A. Adegbaju as the moderator. Subsequently, the medical team from Nursing services, Social works, Psychology, and Occupational Therapy presented their individual departmental point of view on the subject matter.



2.1.4 Social Welfare Services

Students from the various higher institutions in Nigeria benefited from the social welfare services of the hospital within the quarter namely; Lagos State University Ojo, University of Lagos, Ogun State Polytechnic, College of Health Technology and Redeemers University in

Ogbomosho, Osun State. Meanwhile, the unit activities like the social assessment, rehabilitation, repatriation, home tracing, Phone calls to patient's relations, counseling, psycho-education/psycho-drama and Home assessment were done.

2.1.5 Psychology

Group therapy and relapse prevention programme are still on-going on the drug wards whereas, group therapy holds once a week for substance patients on the other wards.

Also, students from the Federal School of Orthopedic Technology (FESOT), Igbobi benefitted from the intensive clinical exposures during this quarter.

In addition, the Psychology day was held on 14th July, 2023 in the hospital with the theme, "Meaningful world: Renewed Hope". The Chief Host was the Medical Director, Dr. O.A. Owoeye while the guest speaker was Dr. Tolu Ajomale, Assistant Director/Head of Special Projects & Mental Health, Lagos State. It was indeed a memorable day.

2.1.6 Library Services



The Library services unit marked the 20th anniversary of their profession in the hospital on 22nd September, 2023. The unit is headed by Mrs. Oye Agnes, Assistant Director, Library services.

Part of the event marking the day was the presentation of an award of excellence to the Medical Director, Dr. O.A. Owoeye.

2.1.7 Nursing Services

Some student nurses from various tertiary institutions in Nigeria and abroad came for their clinical experience at the Nursing Services.



The institutions are as follows: College of Medicine, Idi-Araba, Lagos, Trinity University Yaba and Espam University Cotonou, Benin Republic. The exercise is part of the prerequisite for their nursing programme.

2.1.8 Remarkable activities carried out in the hospital within the quarter.

● Commemoration of World Hepatitis day



The hospital in partnership with Trusted Pharmacy and Chemist of West Africa, and Zolon Healthcare Ltd joined the rest of the world on 28th July to commemorate the World Hepatitis Day for 2023 edition

The theme was "Hepatitis can't wait". The event was coordinated by Dr. A.M. Adegbite, Consultant Family Physician and Head of the Harvey Road Community Clinic and her team.

Moreover, hepatitis screening and vaccination are available at the Harvey road Community Clinic of the hospital.

● Commemoration of World suicide prevention day

themed "Creating Hope through Action" On 11th September, 2023, the Community Outreach and Education Committee of the hospital under the headship of Dr. O. E. Akinola kick-started the event by reaching out to Reagan Memorial Baptist Girls Grammar School Yaba, Lagos.

The guest speakers were Dr. Adegbaju D.A. and Dr. Oluwakemi Akintoyese. It was a wonderful outing with lots of

appreciation from the school management.

● **Commemoration of 2023 World Physiotherapy Day** themed "Physiotherapy Management of Inflammatory Arthritis"

The Health Promotion Unit marked the World Physiotherapy day via the Webinar session on 8th September, 2023. The guest speakers were Dr. Remilekun Durojaiye (DPT) and Mr. Ayodele Bamidele-Odewale (Physiotherapist) whereas the Medical Director, Dr. O. A. Owoeye was the Chief host. The Unit is headed by Miss Adeife A.A. Director Physiotherapy services.

● **Commemoration of 2023 World Pharmacists' day**



The Pharmaceutical services of the Federal Neuropsychiatric hospital, Yaba Lagos, marked the world Pharmacists' day on 25th September, 2023 in the hospital, with the theme "Pharmacists strengthening Health system".

The department is headed by a Director, Mr. O. O Ajayi.

The key note speaker for the day was Dr. Margaret Ilomuanya while the Medical Director, Dr. O.A. Owoeye was the Chief Host.

2.1.9 Occupational Therapy Unit

Kotch Ventures/KCC Art Club introduced art therapy session and creative crafts to stable patients at the Occupational Therapy unit. The session was to enhance the skills of creative patients in the hospital.

The programme took place for two (2) months at the Occupational Therapy unit of the hospital. Our patients were able to display their creative minds on paper and other creative materials.

2.2 ADMINISTRATION

The Staff Strength recorded for the quarter was one thousand, two hundred and fifty seven (1,257). Other record indicated the following:

Retirement	12
Training	15
Death	1

2.2.1 Conversion of staff

Recently, the Management carried out conversion exercise in the hospital to encourage members of staff who had developed themselves in various careers relevant to the service delivery of the hospital and engage them appropriately.

This exercise was done in accordance with the public service rules on staff conversion.

Successful members of staff had been redeployed to the relevant units/departments in the hospital.

Special appreciation goes to Management under the leadership of Dr. O.A. Owoeye, our Medical Director for a remarkable conversion that is the first of its kind in the history of the hospital.

2.2.2 Donation:

The hospital received gift items from some public/private spirited individuals and organizations within the quarter. Management, Staff and Patients heartily expressed their unalloyed appreciation for the kind gestures. They are:

- Mrs Kunle-Onipede Olubusola from Apapa, Lagos donated drinks and provisions.
- Mr. Ayemenre Endurance donated provisions and footwear.
- Ms. Ipadeola Aderemi Yemisi donated 10 cartons of indomie noodles.
- Association of Muslim Professionals (Sister Forum), Ogba, Ikeja, Lagos donated bed sheets, pillowslips, wheel chairs and apex digital sphygmomanometer.

Meanwhile, all the items donated had been handed over to the Gift Committee of the hospital for necessary action.

2.3.1 Federal School of Occupational Therapy

In a bid to enhance the status of the Federal School of Occupational Therapy, Oshodi annex and improve on the manpower of the school, Management has redeployed Mrs. P.N. Omoike to serve as the Acting Registrar.

In same vain, four (4) Locum Occupational Therapists (B.SC. holders) were appointed to function on the wards and serve as lecturers at the school.

Meanwhile, admission of new intakes for 2023/2024 academic session is in progress.

2.4.1 School of Post Basic Psychiatric/Mental Health Nursing, Yaba, Lagos.




The school received its accreditation approval from the Nursing and midwifery council of Nigeria recently. Also, the entrance examination into the School for 2023/2024 academic session was written on Saturday 26th August, 2023 in the school compound. Successful candidates had commenced the admission registration process in line with the school policy.

2.5 Association of Friends of the Hospital

2.5.1 Who is a friend?

A friend of the hospital is any individual who will use his/her endowment in time, talent, money, influence, connection, skill and the like to assist the mentally challenged patients.



2.5.2 The Association of Friends of the Federal Neuro-Psychiatric Hospital Yaba, Lagos is dedicated to the promotion of Mental Health in Nigeria. It is a non-profit making and non-religious organization.

2.5.3 Membership is free.

2.5.4 Meetings

The Friends meet on third Thursday of every month at the Association of friends building, Harvey road gate of the hospital.

Kindly send your remarks, comments, observations and contributions to
THANK YOU.

Courtesy: Information & Special Duties Department, FNPHY.