



# YABA NEWS BULLETIN

A PUBLICATION OF FEDERAL NEURO-PSYCHIATRIC HOSPITAL, YABA, LAGOS May 2023 Vol. 1 no .1

*Hello Readers,*

*It's my pleasure to welcome you to this edition of our quarterly hospital news bulletin. We sincerely apologize for the long break in the publication caused by the various changes that took place within the system. But, we can assure you that we are back, bigger and better. We promise not to rest on our oars in providing you with information on the current happenings in the hospital (Yaba and Oshodi annex inclusive). We give kudos to our Management for the wonderful transformation going on in all aspects of our service delivery especially with the introduction and installation of Electronic Medical Health Record (EMHR) where medical information and treatment history of patients are being done electronically. It will also interest you to know that our Harvey Road Community Clinic now runs an extension service at Oshodi annex on Tuesdays and Thursdays; 8a.m. to 4p.m every week with our Consultant Family Physician in attendance. A show of Management's desire and commitment to the welfare and wellbeing of members of staff right? As a matter of fact, members of staff who stay within Oshodi axis can now access health care without stress at Oshodi annex. Quoting the words of our visionary Medical Director "more is yet to come". So relax as we get you informed at a glance.*

## **1.0 NEWS BITS**

Introduction of Electronic Medical Health Record (EMHR) in the system



The operation of the EMHR in the hospital has commenced. To that effect, stakeholders from the clinical services and other related units were trained on the application. To

facilitate the smooth operations in the hospital, Management procured computers and laptops.

Highlights of some of the developmental projects in the hospital;

- ❖ Renovation of the MOB wards
- ❖ Upgrading of the Administration (Reception) Building, Yaba
- ❖ Rehabilitation of internal roads and drainages in Yaba and Oshodi annex
- ❖ Upgrading of Psychology/Psychotherapy building
- ❖ Rehabilitation of Hospital wards in Yaba and Oshodi annex
- ❖ Construction and re-modeling of the out-patient clinic
- ❖ Construction of Tele-Psychiatric center (under construction)

- ❖ Upgrading of the school of post basic Psychiatric/Mental Health Nursing
- ❖ Rehabilitation of the Conference hall
- ❖ Upgrading of the Amenity ward
- ❖ Upgrading of the 11KVA dedicated high tension line
- ❖ Procurement of new x-ray machine
- ❖ Re-cabling of computer systems and computerization of some core service units
- ❖ Procurement of ambulances for improved health care delivery
- ❖ Completion of residential quarters, Oshodi

## 1.1 CLINICAL SERVICES

### 1.1.1 Residency Training

Three (3) of our Resident doctors have passed their fellowship examinations. Dr. Osayinmwe Bibi passed the part 1 fellowship examination of the West African College of Physicians while Dr. kilanse-Oni K. and Dr. Animola Y. Y passed the part II fellowship examination of the National postgraduate Medical College of Nigeria. We say a big Congratulations to the trio.

### 1.1.2 Know the Eight (8) Major Firms in the Clinical services at a glance

**Firm A** – *In charge of Short stay wards and Forensic Psychiatry*

**Firm B** – *Specializes in Addiction Psychiatry*

**Firm C** – *Caters for Children and Adolescents*

**Firm D** – *Handles General Adult Psychiatry*

**Firm E** – *Is concerned with old age Psychiatry*

**Firm F** – *Is in charge of rehabilitation Psychiatry*

*The other two firms are Emergency Psychiatry firm and Community Psychiatry/Amenity firm*

### 1.1.3 Mental Health Awareness and Advocacy Programmes

The hospital carries out various advocacy programmes and awareness on mental health via the radio/television stations and the Websites. Members of staff are encouraged to key in to the programmes as the topics cover all aspects of our mental wellbeing and more. The available media windows are;

- **Early Rush on Star 101.5 FM** featuring every second (2<sup>nd</sup>) Thursday of the month between 7:00a.m & 9:00a.m.
- **Newshub on Silverbird Television** featuring every first (1<sup>st</sup>) Tuesday of the month between 7:00a.m. &9:00a.m.
- **YABA VOICE** Webinar session via Zoom meetings has a recap of some topics already discussed as follows;**January 19<sup>th</sup>**– prioritizing your mental health in 2023; your responsibilities with Dr. Jubril Abdul Malik and Mr. Akin Gabriel.

**February 16<sup>th</sup>** –Emotional Intelligence; A must for mental health stability with Dr. Modupe Motojesi and Francis Akinkunmi

**March 16<sup>th</sup>** - Women’s mental health; causes and interventions with Dr. Funmi Akinola and Dr. Akogun

**April 20<sup>th</sup>** – Your mental health and Environmental factors with Dr. Arit Esangbedo and Mrs. Olumide Okeowo.

**May 18<sup>th</sup>** – Childhoodtrauma; Implications and Management with Dr. Omobola Adetunbi and Mrs. Oluronke Ogini-Ajayi

#### **1.1.4 Clinical Conference, FNPHY**

A pilot study on substitution therapy in substance use disorder patients was conducted at the clinical conference held recently by the stakeholders on the drug ward. It was presented with a theme, 'Debating the devil and the deep sea'.

#### **1.1.5 Harvey Road Community Clinic**

Currently, the hospital has two (2) Consultant Family Physicians at the Harvey Road Community clinic namely; Dr. A. M Adegbite and Dr. Faith Ibilola. An extension of the community clinic has been established at Oshodi annex of the hospital. Oshodi clinic opens on Tuesdays and Thursdays of every week while the clinic in Yaba still runs from Mondays to Fridays, 8a.m. to 4p.m. Minor surgeries are performed at the clinic together with other services like ECG on Tuesdays (9am-4pm) and Hepatitis vaccination.

Also, a locum Consultant Neurologist visits on Mondays between 9a.m and 11a.m. while a locum Consultant Cardiologist visits on Wednesdays between 3p.m and 5p.m in Yaba for now.



#### **1.1.6 Psychology (group Therapy)**

The Group therapy and relapse prevention programmes are on-going on the drug wards. Also, the therapy holds on other wards once in a week for substance patients.

#### **1.1.7 Radiology**

Management has acquired one (1) Akira mobile X-ray machine to improve Radiological services in the hospital.



#### **1.1.8 Temporary movement of the Out Patient Clinic to Dinning hall**

The Outpatient clinic has been temporarily moved to Patients Dinning hall due to the on-going construction work on the new OPC building. Consequently, Management has provided mobile toilets for the patients and relations convenience.

#### **1.1.9 Return of Patients to MOB Wards**

Following the renovation of the MOB wards, In-patients were temporarily relocated to the other wards.

However, the renovation work had been completed and patients had returned and settled in on the wards.

## 1.2 ADMINISTRATION

### Staff Strength

The hospital has a total number of one thousand, two hundred and fifty seven (1257) regular staff on its nominal roll and two hundred and seventy seven (277) non-regular staff.

#### 1.2.1 Staff Promotion

The staff promotion interview for the Senior Staff Category was held on the 29<sup>th</sup> and 30<sup>th</sup> April, 2023 in the hospital for members of staff in the clinical services and Administration department respectively. The outcome of the promotion interview produced three (3) Consultant specialists and four (4) Directors among others namely; Dr. (Mrs.) A. M Adegbite, Consultant (Family Physician) Special Grade 1, Dr. A. L Raji, Consultant (Psychiatrist) special Grade II, Dr.(Mrs).E Esangbedo, Consultant (Psychiatrist) special Grade II, Mrs. O. R Olowokandi, Director, Radiological services, Mr. O. O Ajayi, Director, Pharmaceutical Services, Mrs. O. A. Odufuwa, Director, Nursing Services and Mrs. Adebayo Adeola Oladunni, Director, Medical Laboratory services.

#### 1.2.2 New Appointment

One hundred and twenty (120) new members of staff were employed in the last quarter of the year 2022 majorly in the clinical services. They had assumed duty accordingly.

#### 1.2.3 Staff Identity Cards

The staff identity cards for the newly employed staff had been produced and distributed to their various departments for collection.

#### 1.2.4 Donations

The Chairman of FNPBY nurses in diaspora, Mr. Eboriame donated forty (40) mattresses for patients use on behalf of the nurses in diaspora.

Similarly, the family of late Raymond Agbo of Admiralty Estate, Alpha Beach donated ten thousand (₦10,000) naira for the patients while students from the University of Lagos, Akoka donated toiletries and books for the patients. All items donated had been handed over to the hospital gift Committee.



#### 1.2.5 Construction work on the Administration Building

Due to the on-going construction work on the administration reception, the entrance has been closed temporarily while the emergency exit (opposite telephone room) has been opened for access into the building.

#### 1.2.6 Training /Sponsorship

Five (5) members of staff were sponsored for different training programmes from January to May, 2023.



### 1.2.7 Waste Management

The Medical and domestic wastes from every disposal site were evacuated by Lagos State waste Management Authority (LAWMA)

### 1.2.8 National Health Insurance Authority (NHIA)

The national Health Insurance Authority (NHIA) under the National Health Act 2022 and formerly known as the National Health Insurance Scheme (NHIS) has a desk officer in the hospital. Intending enrollees should visit the NHIA office in the Administration building for necessary enquiry.

### 1.2.9 Staff Retirement

Mrs. Margaret Oso, Assistant Director Procurement (Statutory retirement).

Mrs. Olude Olufunto Aderonke. Assistant Director of pharmacy (Voluntary retirement).



### 1.3 FEDERAL SCHOOL OF OCCUPATION THERAPY

The school has one hundred and ninety nine (199) students spread across its two (2) year programme and one year compulsory clinical posting.

The School held its matriculation of sixty four (64) fresh students for 2022/2023



academic session on the 5<sup>th</sup> April, 2023 at a ceremony graced by the Medical Director, Dr. A. O Owoeye, the Acting Principal, Mr. Adeosun Akinwale A., Top Management Committee members, Academic staff of the school, parents and other dignitaries.

### 1.4 Oshodi Annex

Patients' admission to short stay ward at Oshodi annex had commenced

#### 1.4.1 Power supply at Oshodi annex

The electric power supply at Oshodi annex has been restored following the damage on the transformer that disrupted power supply for about two (2) weeks at Oshodi annex.

### 1.5 School of post Basic Psychiatric/Mental Health Nursing

All the students in the 2022/23 academic set are currently doing their clinical posting in nine (9) different locations within the Lagos metropolis. However, the School is awaiting its re-accreditation soon.

## 1.6 Union Matters

**1.6.1** The Medical and Health Workers Union of Nigeria, FAC Lagos in conjunction with DOZY Mmobuosi foundation carried out a free prostate Cancer screening and sugar level/blood pressure checks for members of staff in their mobile clinic.



Two hundred and forty three (243) participants were recorded.

**1.6.2** The Senior Staff Association of the Hospital (SSAUTHRIAI) has partnered with Federal Government Housing Loan Board

(FGSLB) and Brooks Assets & Resources Limited on provision of affordable housing for its members. Officials from the two bodies visited the hospital in April for a stakeholders meeting noting that there are different apartment in various locations across Lagos.

## 1.7 Association of Friends of the Hospital

### 1.7.1 Who is a friend?

A friend of the hospital is any individual who will use his/her endowment in time, talent, money, influence, connection, skill and the like to assist the mentally challenged patients.

**1.7.2** The Association of Friends of the Psychiatric Hospital, Yaba Lagos is dedicated to the promotion of Mental Health in Nigeria. It is a non-profit making and non-religious organization.

**1.7.4 Membership is free.**

### 1.7.5 Meetings

The Friends meet on third Thursday of every month at the Association of friends building near the Harvey road gate of the hospital.

Kindly send your remarks, comments, observations and contributions to

[yabanews@fnphyaba.gov.ng](mailto:yabanews@fnphyaba.gov.ng)

Thank you.

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**Editor.**